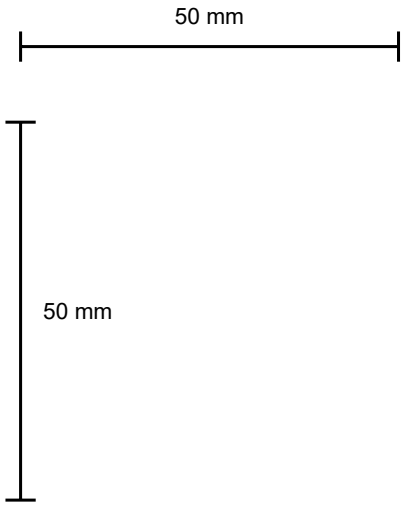
Print calibration

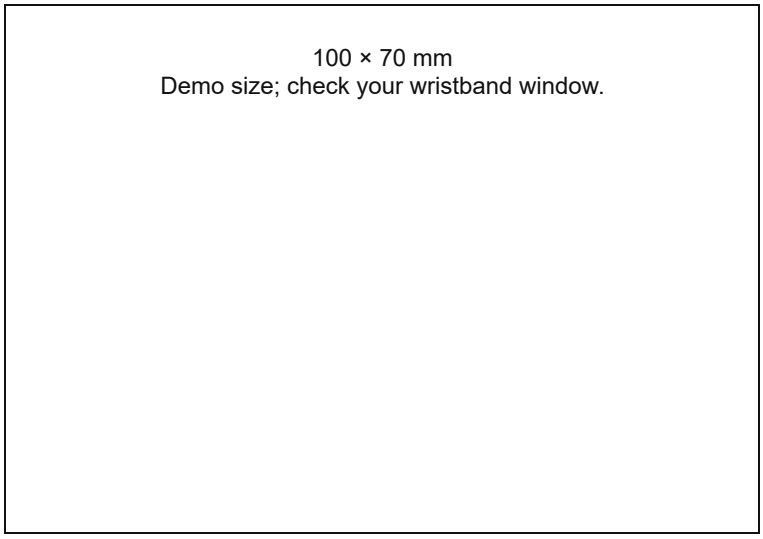
Three-example print pack · 01 Straight / 02 Out / 03 Slant.
6 pages: calibration, 100 × 70 mm demo wristband insert, call sheet and three assignment pages. Free to download; no account needed. Check your actual wristband window. For a different size or edited diagrams, generate a new pack in FlagSlate. Numbers in this PDF belong to this version only.

Print at 100% / Actual size. Turn off Fit to page.

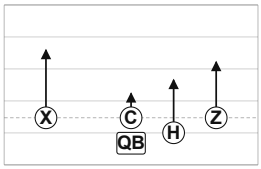
Measure both lines with a ruler. Each must be 50 mm.



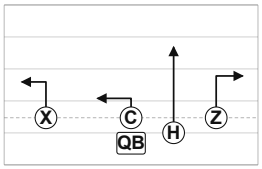
Cut-out size: 100 × 70 mm. Measure the outside edges.



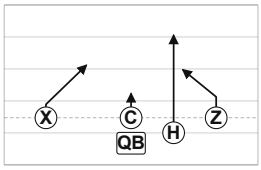
01 Straight route example



02 Out route example



03 Slant route example



FS-3-20261023

Coach call sheet

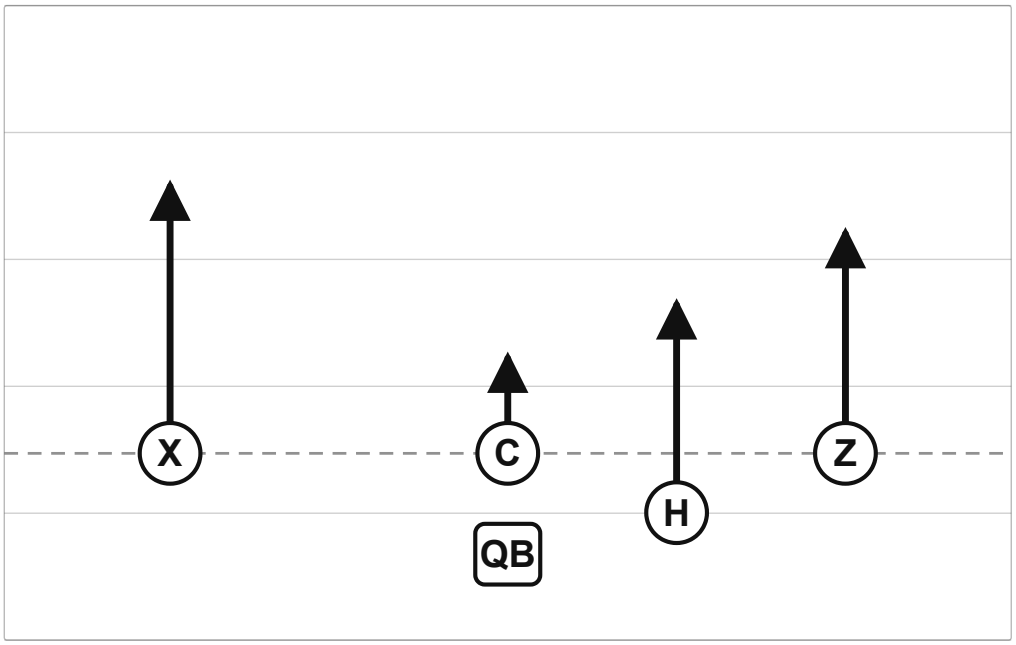
FlagSlate - Three editable examples · FS-3-20261023 · 2026-10-23 00:00 UTC

Call	Play	Group
01	Straight route example	Original examples
02	Out route example	Original examples
03	Slant route example	Original examples

Numbers match the wristband inserts in this pack. Regenerate both after changing the order.

01 - Straight route example

Split with offset H. Offense moves upfield. Background stripes do not measure yards.



What each player does in this drawing

QB	Shown behind C without a movement path. Passing decisions and timing are not drawn.
C	Short straight path from the middle.
X	Straight path on the outside of the left half.
Z	Straight path on the outside of the right half.
H	Straight path from an offset starting position.

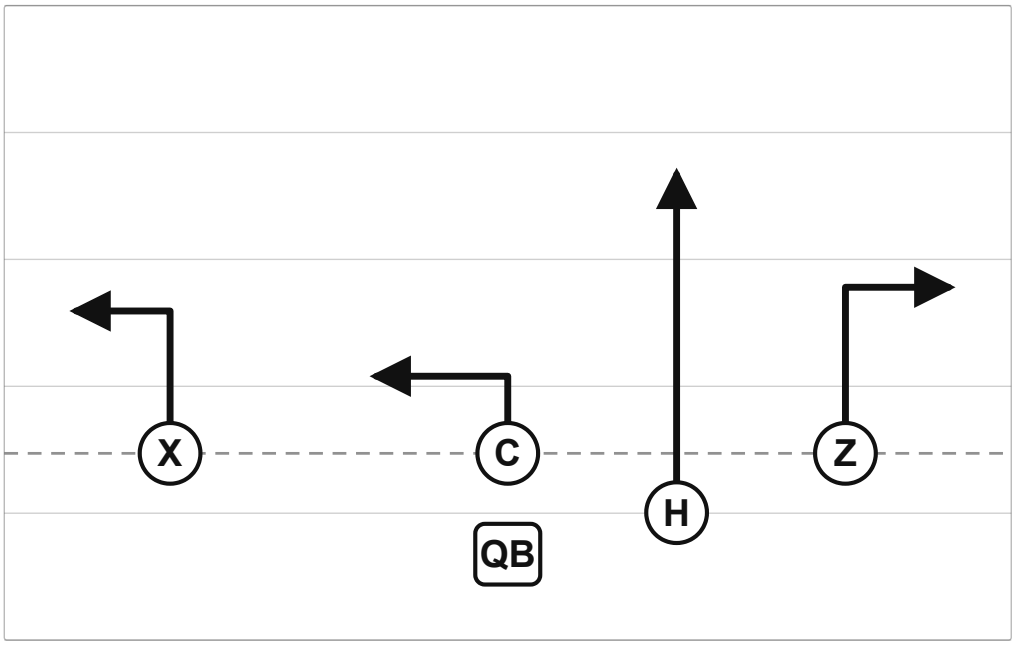
Before practice: Choose actual distances for each player; the background stripes are not yard markers.

Original example, not coach-reviewed. No throwing order, defenders or movement timing are shown. Set real distances, timing and QB decisions with your team; check league rules and center eligibility.

Route terminology: NFL FLAG route guide. Our diagrams and combinations are original; no endorsement.
flagslate.com/5v5-flag-football-plays/#sample-straight

02 - Out route example

Split with offset H. Offense moves upfield. Background stripes do not measure yards.



What each player does in this drawing

QB	Shown behind C without a movement path. Passing decisions and timing are not drawn.
C	Short stem, then a sideways break into the left half.
X	Upfield stem, then a sideways break toward the left edge.
Z	Upfield stem, then a sideways break toward the right edge.
H	Straight path between C and Z.

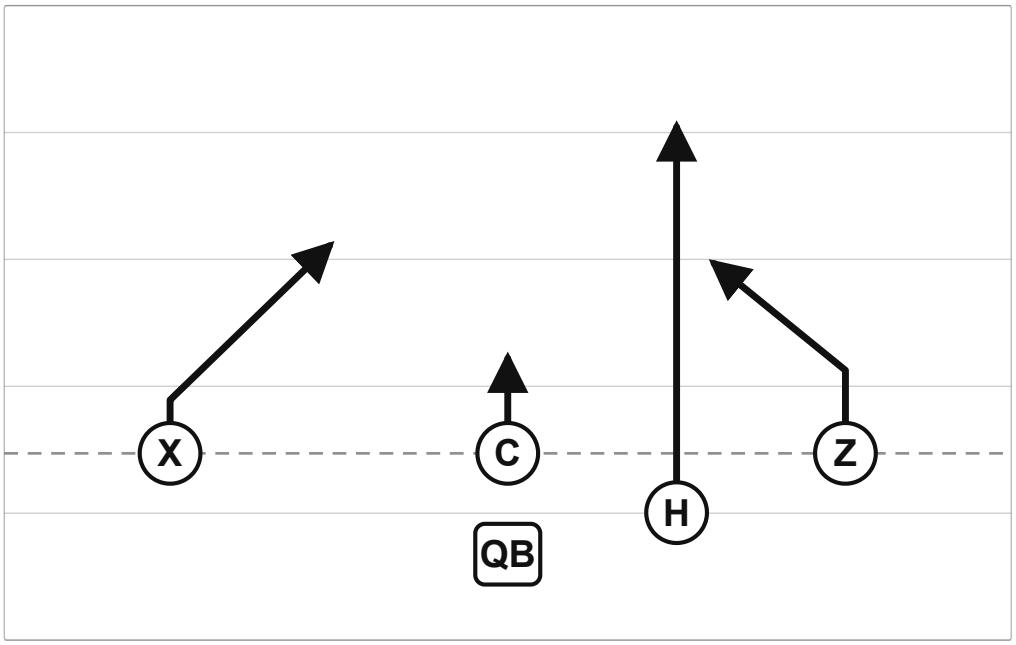
Before practice: Leave room between route end points and your actual sideline.

Original example, not coach-reviewed. No throwing order, defenders or movement timing are shown. Set real distances, timing and QB decisions with your team; check league rules and center eligibility.

Route terminology: NFL FLAG route guide. Our diagrams and combinations are original; no endorsement.
flagslate.com/5v5-flag-football-plays/#sample-out

03 - Slant route example

Split with offset H. Offense moves upfield. Background stripes do not measure yards.



What each player does in this drawing

QB	Shown behind C without a movement path. Passing decisions and timing are not drawn.
C	Short straight path from the middle.
X	Short stem, then an inward angle in the left half.
Z	Short stem, then an inward angle in the right half.
H	Straight path inside Z's starting position.

Before practice: Review spacing between the inward paths before using an edited version at practice.

Original example, not coach-reviewed. No throwing order, defenders or movement timing are shown. Set real distances, timing and QB decisions with your team; check league rules and center eligibility.

Route terminology: NFL FLAG route guide. Our diagrams and combinations are original; no endorsement.
flagslate.com/5v5-flag-football-plays/#sample-slant